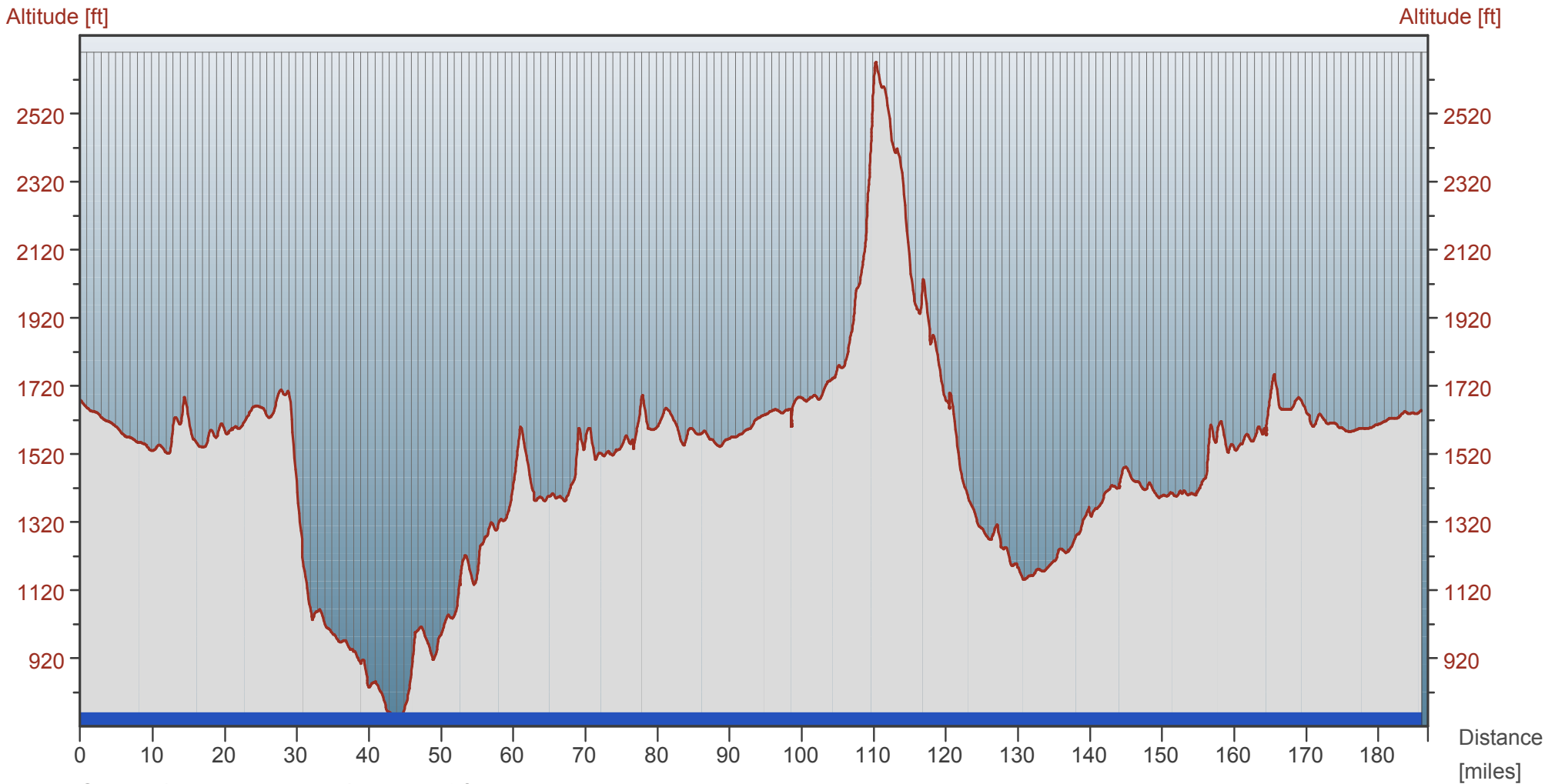


Curve



Cursor values:
 Time: 10:56:00
 Calorie rate: 0 kcal/60min
 Distance: 186.2 miles
 Altitude: 1648 ft

Ascent: 5470 ft
 Descent: 5610 ft

Person	George Vargas	Date	4/8/2006	Heart rate	—	Limits 1	80 - 160
Exercise	4/8/2006 6:08 AM	Time	6:08:25 AM	Speed	— 18.9 / 39.0	Limits 2	80 - 160
Sport	Cycling	Duration	10:56:13.3				
Team	Team Polar	Distance	186.2 miles				
Note	Hemet Double Century			Ascent	5741		
				Selection	0:00:00 - 10:56:00 (10:56:00.0)		