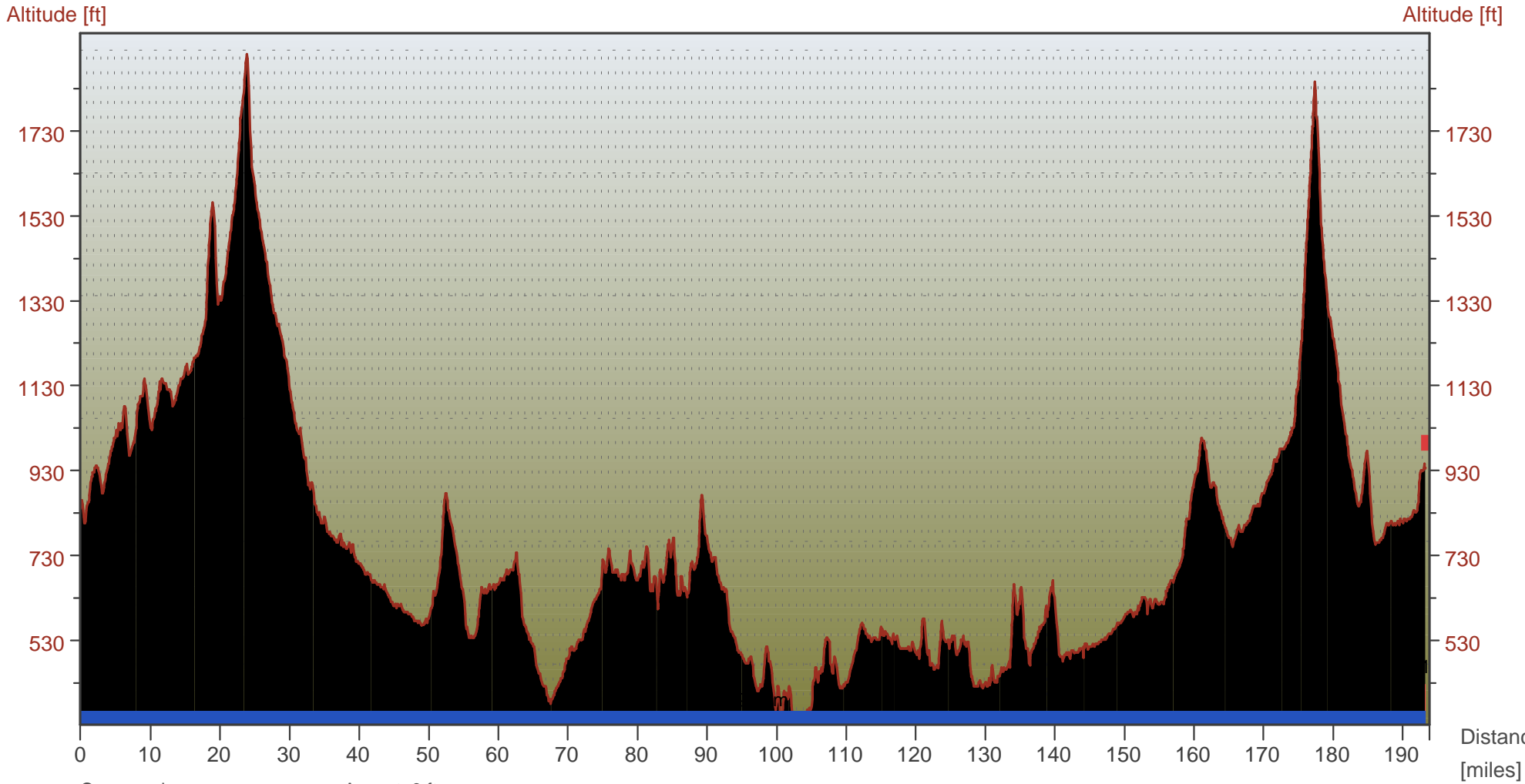


Curve



Cursor values:
 Time: 0:00:00
 Ascent: 0 ft
 Descent: 0 ft
 Calorie rate: 388 kcal/60min
 Distance: 0.0 miles
 Altitude: 840 ft

Person	George Vargas	Date	3/31/07	Heart rate	— 149 / 187	Limits 1	80 - 160
Exercise	3/31/07 7:30 AM	Time	7:30:48 AM	Speed	— 19.4 / 56.4	Limits 2	80 - 160
Sport	Fixed Gear Riding	Duration	11:10:45.5			Limits 3	80 - 160
Team	Team Polar	Distance	193.5 miles				
Note				Ascent	7201		
				Selection	0:00:00 - 11:10:45 (11:10:45.0)		