

Cumulative	Distance	Where	Notes	Direction	Elevation
0mi	0mi		San Diego Randonneurs 200K	NW 297°	337.9ft
0.04mi	0.04mi		Turn RIGHT onto Regents Rd	NE 32°	354.3ft
0.69mi	0.65mi		Cross La Jolla Village Dr	NNE 1°	344.5ft
1.34mi	0.65mi		Turn LEFT onto Genesee Ave	NW 299°	357.6ft
2.05mi	0.7mi		BEAR RIGHT onto I-5 onramp	NNW 346°	288.7ft
2.41mi	0.37mi		EXIT I-5	NNE 17°	167.3ft
2.97mi	0.56mi		Turn LEFT onto Roselle St	NNW 319°	49.2ft
3.05mi	0.08mi		Turn RIGHT onto Sorrento Valley Blvd	ENE 52°	55.8ft
3.24mi	0.19mi		Turn LEFT onto Vista Sorrento Pkwy	NNW 324°	45.9ft
4.64mi	1.39mi		Turn RIGHT onto Carmel Mountain Rd	ENE 48°	177.2ft
4.81mi	0.17mi		Turn LEFT onto El Camino Real	NW 312°	180.4ft
9.46mi	4.65mi		Turn RIGHT onto San Dieguito Rd	SSE 147°	19.7ft
12.82mi	3.35mi		Turn LEFT onto El Apajo	SW 203°	62.3ft
13.36mi	0.54mi		Bear RIGHT onto Via de Santa Fe	NW 305°	42.7ft
14.41mi	1.05mi		Bear RIGHT and continue on Via de la Valle S8. Do not take Via de Santa Fe ahead	NNW 318°	111.5ft
15.05mi	0.64mi		Turn RIGHT onto Paseo Delicias/Del Dios Hwy/S8	E 83°	255.9ft
23.88mi	8.82mi		Turn LEFT onto W. Citricado Pkwy	NW 303°	708.7ft
24.35mi	0.47mi		Turn RIGHT onto Avenida del Diablo	ESE 91°	643ft
24.55mi	0.2mi		Turn LEFT onto S. Hale Ave	NNE 9°	643ft
24.99mi	0.44mi		Turn LEFT onto Harmony Grove Rd	NW 296°	639.8ft
25.3mi	0.31mi		Turn LEFT to continue on Harmony Grove Rd	NNW 337°	626.6ft
25.71mi	0.41mi		Continue STRAIGHT onto Kauana Loa Dr	WNW 271°	629.9ft
26.32mi	0.61mi		Turn RIGHT onto Country Club Dr	NNW 359°	685.7ft
27.08mi	0.76mi		Turn LEFT onto Progress Pl	WNW 288°	718.5ft
27.14mi	0.06mi		Turn RIGHT onto Corporate Dr	NNE 0°	711.9ft
27.45mi	0.31mi		Turn LEFT onto Meyers Ave	NW 301°	728.3ft
27.82mi	0.37mi		Turn LEFT onto Barham Dr	NNE 8°	698.8ft
30.01mi	2.19mi		Turn RIGHT onto Twin Oaks Valley Rd	NNE 9°	577.4ft
33.76mi	3.74mi		CONTINUE on Deer Springs Rd	NE 39°	725.1ft
35.94mi	2.18mi		CONTROL 1 AM/PM PARK and RIDE Out of Control turn LEFT and CROSS I-15	ENE 48°	1007.2ft
36.2mi	0.27mi		Turn LEFT onto Old Hwy 395	NNW 334°	1049.9ft
40.25mi	4.04mi		Turn RIGHT onto Old Castle Rd	E 77°	459.3ft
45.75mi	5.5mi		Turn LEFT onto Lilac Rd. Caution: Fast downhill, easy to miss the turn	NNW 351°	997.4ft
49.32mi	3.56mi		Turn LEFT onto Couser Canyon Rd. Caution: Technical descent after summit. Water crossings, loose grave, etc.	NW 315°	816.9ft
54.26mi	4.95mi		Turn LEFT on Pala Rd/SR76 Caution: Fast Traffic, frustrated Casino losers	W 261°	288.7ft
59.42mi	5.16mi		Turn LEFT onto 8th St	NE 35°	1066.3ft
59.58mi	0.16mi		Bear RIGHT	NNW 359°	1043.3ft
59.86mi	0.27mi		Turn LEFT onto 5th St. Park with restrooms on LEFT (facilities also at upcoming control)	W 269°	1046.6ft
60.45mi	0.6mi		CONTROL 2. Rainbow Oaks Turn LEFT on Old Hwy 395 out of Control	WNW 279°	1049.9ft
62.56mi	2.11mi		Turn RIGHT and CROSS I-15	W 269°	859.6ft
62.83mi	0.27mi		Turn LEFT onto Old Hwy 395 CAUTION: Cars from Right do not stop	SSE 157°	826.8ft
67.15mi	4.32mi		Cross SR76. Start Mobile Hill Climb	S 168°	295.3ft
69.31mi	2.16mi		Turn LEFT onto W. Lilac and cross bridge over 1-15	ESE 107°	787.4ft
71.93mi	2.62mi		Bear LEFT to continue of W. Lilac	SSE 157°	882.5ft
73.39mi	1.46mi		Turn RIGHT onto Circle R Dr	SW 221°	1049.9ft
76.48mi	3.09mi		Turn RIGHT onto Old Hwy 395	NNW 350°	436.4ft
77.3mi	0.83mi		Turn LEFT onto Camino del Rey	WNW 273°	328.1ft
81.9mi	4.6mi		Bear LEFT onto Old River Rd	SSW 191°	180.4ft
84.35mi	2.45mi		Turn RIGHT onto Bike Path. CAUTION: Easy to miss, but you must take bike path to cross old bridge	W 257°	154.2ft

84.69mi	0.35mi		Turn LEFT onto Holly Lane	WNW	276°	170.6ft
84.92mi	0.23mi		Bear LEFT and continue on Holly Lane	SW	205°	259.2ft
85.16mi	0.24mi		Rough Road	NNW	359°	196.9ft
85.27mi	0.1mi		Turn LEFT on N. River Rd (Might be unmarked)	WNW	272°	196.9ft
88.57mi	3.3mi		CONTROL 3 7-11 Turn LEFT on Vandegrift Blvd	SSW	189°	128ft
88.86mi	0.29mi		Turn LEFT onto College Blvd. Cross bridge and turn LEFT into Parking Lot	SE	114°	88.6ft
88.97mi	0.11mi		Go straight ahead (West) onto Bike Path. Take path to right on all road crossings	SW	208°	72.2ft
96.02mi	7.05mi		Exit Bike Path. Go LEFT onto Neptune Way	ENE	67°	55.8ft
96.05mi	0.03mi		Turn RIGHT onto N. Cleveland St.	SSE	144°	52.5ft
96.19mi	0.14mi		Turn RIGHT onto Surfrider Way	WSW	233°	59.1ft
96.31mi	0.11mi		Turn LEFT onto N. Pacific	SSE	144°	42.7ft
98.35mi	2.05mi		Turn LEFT onto Cassidy St	ENE	54°	26.2ft
98.46mi	0.11mi		Turn RIGHT onto Broadway	SSE	149°	45.9ft
98.85mi	0.39mi		Turn LEFT onto Eaton	ENE	57°	42.7ft
98.94mi	0.09mi		Turn RIGHT onto S. Coast Hwy	SSE	144°	36.1ft
116.96mi	18.01mi		Inside/Outside. You make the call	SSE	144°	13.1ft
119.81mi	2.85mi		Turn LEFT to continue on N. Torrey Pines Rd	WSW	230°	433.1ft
120.07mi	0.26mi		Turn LEFT onto Northpoint Dr	SE	117°	403.5ft
120.29mi	0.22mi		Bear RIGHT onto John Hopkins Dr	SE	127°	403.5ft
120.66mi	0.37mi		Turn LEFT onto Voight Dr	W	270°	393.7ft
122mi	1.34mi		Continue to RIGHT	SW	207°	367.5ft
122.14mi	0.14mi		Turn LEFT onto Health Sciences Dr	E	89°	367.5ft
122.21mi	0.07mi		Turn RIGHT onto Regents Rd	ESE	104°	357.6ft
123.29mi	1.08mi		FINISH urn LEFT onto Berino Ct	WSW	246°	354.3ft
123.32mi	0.03mi			WSW	246°	354.3ft