



Cursor values:
 Time: 12:17:15
 Calorie rate: 0 kcal/60min
 Distance: 173.405 miles
 Altitude: 485 ft

Ascent: 12502 ft
 Descent: 12492 ft

- 8:11:45 (51 % 63.614 miles (37 %))
- 2:52:45 (23 % 38.007 miles (22 %))
- 3:12:30 (26 % 71.783 miles (41 %))

Person	George Vargas	Date	1/19/2008	Heart rate	—		
Exercise	BasicUse	Time	6:00:02 AM	Speed	—	15.1 / 46.1	
Sport	Cycling	Duration	12:17:25.3				
		Distance	172.1 miles				
Note	300km Dudley Brevet			Ascent		12700 [-0.1%]	
				Selection		0:00:00 - 12:17:15 (12:17:15.0)	