

Mile	For	Instruction
		Start, Vons Shopping Center, 2250 Otay Lakes Rd, Chula Vista, CA. Control Open 06:00 - 07:00
0.0	10.8	Turn RIGHT on Otay Lakes Rd
10.8	0.2	Turn LEFT onto SR94. Caution: <u>Fast traffic from both directions on SR94</u>
11.0	5.2	Turn RIGHT onto Honey Springs Rd
16.2	1.6	FireStation on Right. Bathrooms. Water on left side of bldg
17.8	0.9	Summit
18.7	3.5	Turn LEFT onto Lyons Valley Rd CAUTION LOOSE GRAVEL ON BLIND TURNS FOR NEXT 9 MILES
22.2	2.3	BEAR RIGHT to continue on Lyons Valley Rd.
24.5	1.0	Turn LEFT to continue on Lyons Valley Rd.
25.5	1.8	Turn RIGHT to continue on Lyons Valley Rd
27.3	0.9	Turn LEFT to continue on Lyons Valley Rd
28.2	3.1	Turn RIGHT onto Jamul Dr. (Opposite Church)
31.3	0.5	Turn RIGHT onto Steele Canyon Rd
31.8	4.2	Turn RIGHT onto Willow Glen Rd
36.0	3.2	Turn RIGHT onto Dehesa Rd
39.2	4.6	Continue STRAIGHT through Stop Sign onto Harbison Canyon Rd
43.8	0.8	Turn LEFT onto Arnold Way
44.6	4.6	Turn LEFT onto Alpine Blvd, Pass under Freeway and Turn LEFT onto Old Hwy 80
49.2	1.8	Turn RIGHT onto Lake Jennings Park Rd
51.0	4.1	Turn RIGHT onto El Monte Rd
55.1	4.1	Control #1. El Monte County Park. Return the way you came. Control Open 08:37 - 11:56
59.2	1.1	Turn RIGHT onto Lake Jennings Park Rd
60.3	1.0	Turn RIGHT onto Ashwood St.
61.3	0.7	Turn LEFT onto Willow Rd
62.0	1.8	Turn RIGHT onto Morena Ave.
63.8	0.7	BEAR LEFT onto Vigilante Rd.
64.5	8.4	Turn RIGHT onto SR67 CAUTION: Busy Road. Stay as far to right as possible
72.9	3.6	Summit
76.5	3.0	At Stoplight Turn RIGHT onto Dye Rd.
79.5	1.9	Turn LEFT onto San Vicente Rd
81.4	0.8	Before reaching Light and Main St. Turn RIGHT onto D St. (Continue straight for services)
82.2	2.0	Turn RIGHT onto 3rd St (Old Julian HWY)
84.2	6.1	Turn LEFT to continue on Old Julian Hwy
90.3	5.8	Turn RIGHT onto SR79/Julian Rd Caution: Busy road with little or no shoulder. Ride single file
96.1	5.8	Control #2 Santa Ysabel. Look for volunteers or obtain receipt from local business. Open 10:34 - 16:20. Exit control by returning the way you came
101.9	8.1	Turn LEFT onto Old Julian HWY Caution: Fast Moving oncoming traffic.
110.0	1.2	Turn LEFT onto D St. (Many services are avail one block to the right on Main St. If you'd rather take Main St through Ramona that is permissible)
111.2	0.1	Turn RIGHT onto 14TH St
111.3	17.4	Turn LEFT onto Main St./SR67 Caution: Drainage Grates on side of road until out of town for next 2.6 miles. SR 67 busy road. Stay as far to right as possible. Watch for rocks in bike path from slides
128.7	0.5	Turn RIGHT onto Lakeside Ave.
129.2	0.8	Turn LEFT onto Channel Rd

130.0	1.5	Turn LEFT onto Julian Ave.
131.5	1.8	Turn RIGHT onto Lake Jennings Park Rd
133.3	3.8	Pass under freeway and Turn LEFT onto Old HWY 80
137.1	0.1	Turn RIGHT onto Alpine Blvd Pass under free way
137.2	2.9	Turn LEFT to continue on Alpine Blvd
140.1	0.1	At Light, Turn LEFT on Tavern Rd and take first right to Control #3 Carl Jr's. Control Open 12:40 - 21:00. Turn Left on Tavern out of control to continue. Control Unmanned. Obtain receipt from Carl Jr's or local business
140.2	2.8	Exit Control by turning Left on Tavern Dr. Go straight through light and continue on Tavern Rd.
143.0	7.0	Continue Straight onto Japatul Rd
150.0	7.7	Turn RIGHT onto Lyons Valley Rd
157.7	7.7	Turn LEFT onto Honey Springs Rd
165.4	0.2	Turn LEFT onto SR94
165.6	10.6	Turn RIGHT onto Otay Lakes Rd
176.2	0.2	Pass through intersection of Otay Lakes Rd and Eastlake Parkway.
176.4		Turn left into Finish in Von's Parking Lot. Control Open 15:00 - 02:00 (Sunday)