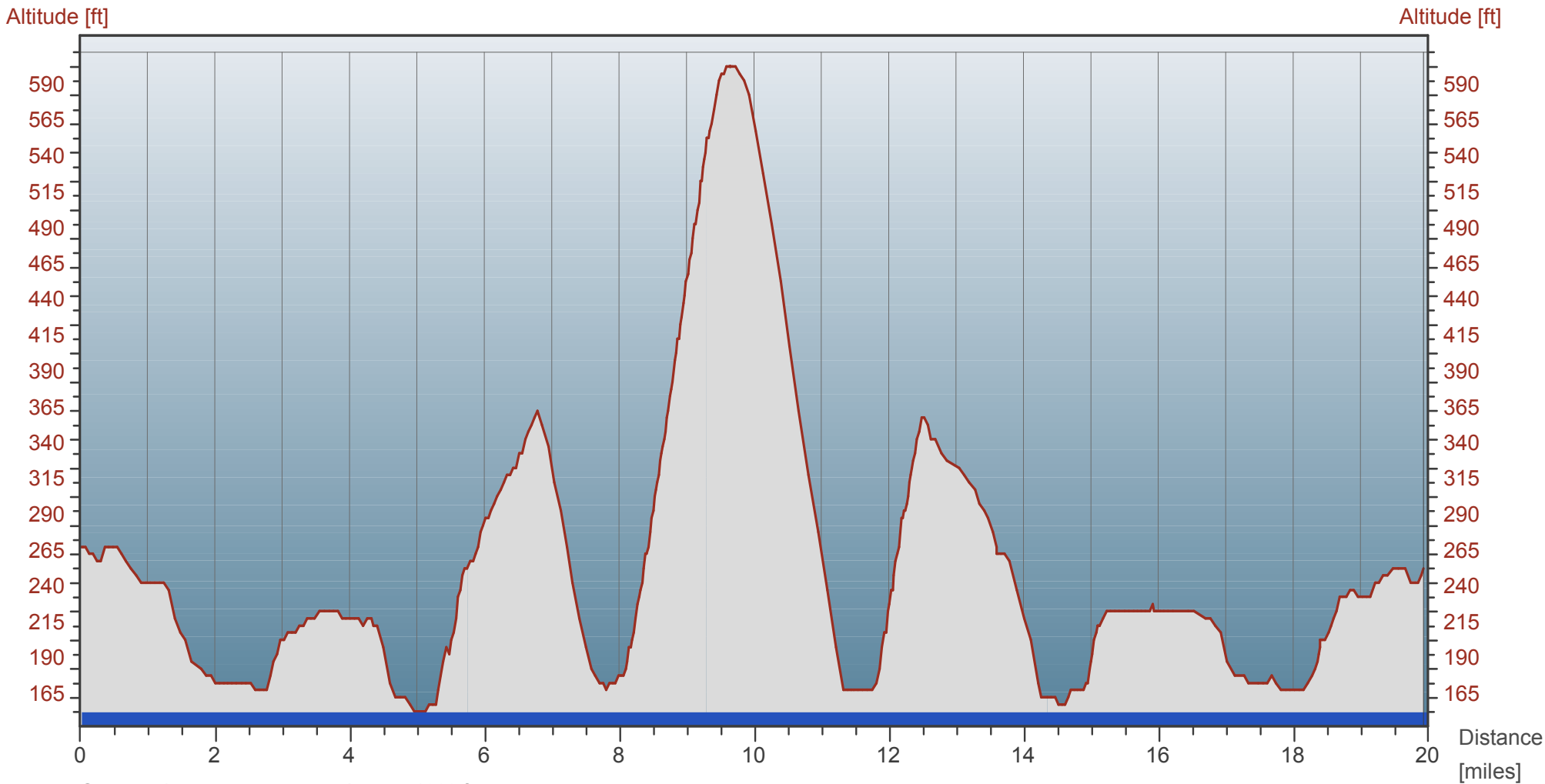


Curve



Cursor values:
 Time: 1:36:30
 Ascent: 1020 ft
 Descent: 1035 ft
 Calorie rate: 0 kcal/60min
 Distance: 20.0 miles
 Altitude: 250 ft

Person	George Vargas	Date	2/18/2006	Heart rate	—		
Exercise	2/18/2006 7:17 AM	Time	7:17:06 AM	Speed	—	12.7 / 55.9	
Sport	Cycling	Duration	1:36:39.4				
Team	Team Polar	Distance	20.0 miles				
Note	Encinitas to Torrey Pines and back			Ascent	981		
				Selection	0:00:00 - 1:36:30 (1:36:30.0)		