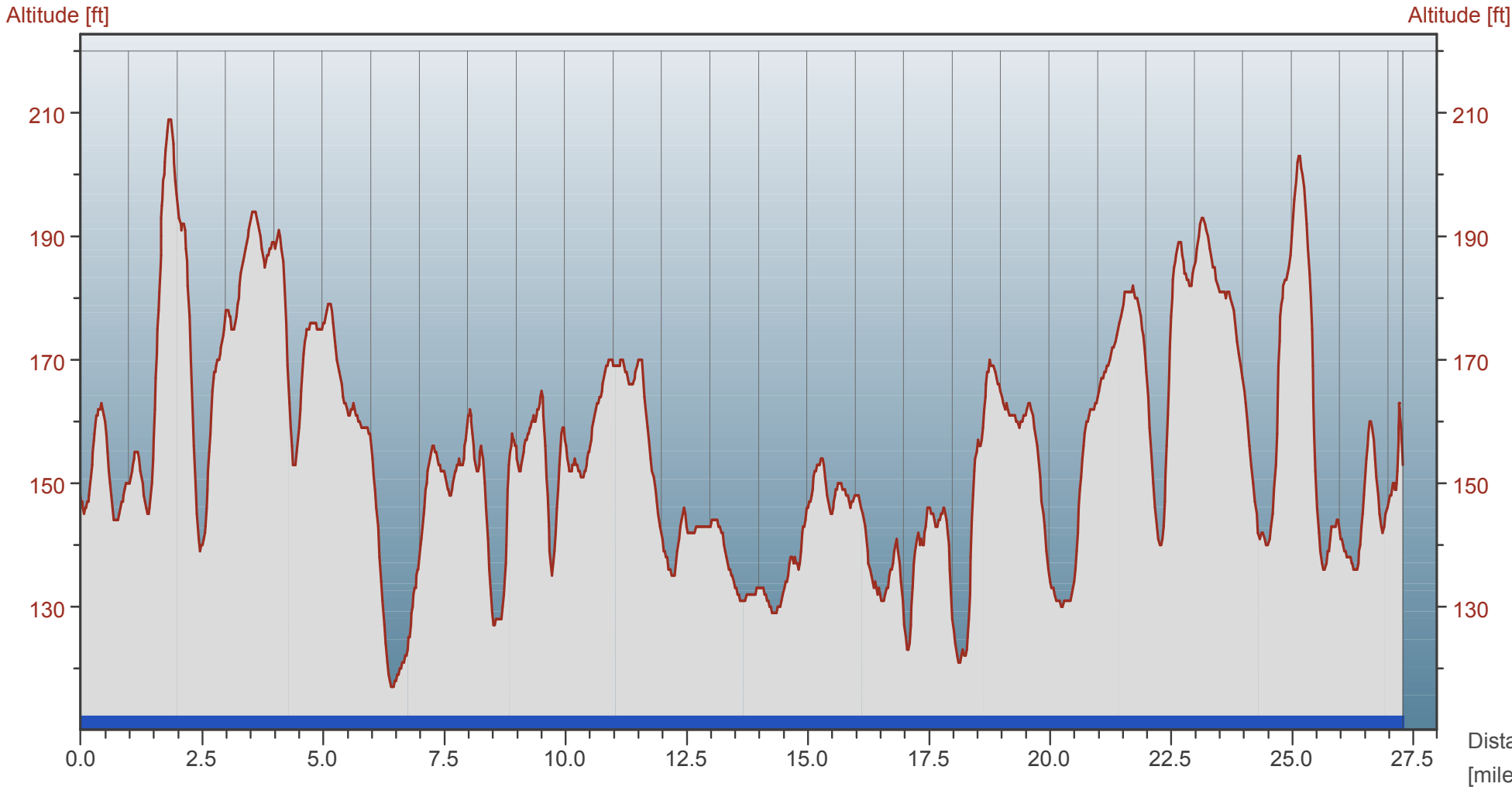


Curve



Cursor values:
 Time: 1:31:15
 Calorie rate: 0 kcal/60min
 Distance: 27.3 miles
 Altitude: 153 ft

Ascent: 539 ft
 Descent: 554 ft

Person	George Vargas	Date	4/15/2006	Heart rate	—	Limits 1	80 - 160
Exercise	4/15/2006 6:33 AM	Time	6:33:17 AM	Speed	— 18.1 / 26.4	Limits 2	80 - 160
Sport	Cycling	Duration	1:31:15.6			Limits 3	80 - 160
Team	Team Polar	Distance	27.3 miles				
Note	La Costa Ave/El Camino Real Intersection up the coast to Oceanside			Ascent	541		
				Selection	0:00:00 - 1:31:15 (1:31:15.0)		