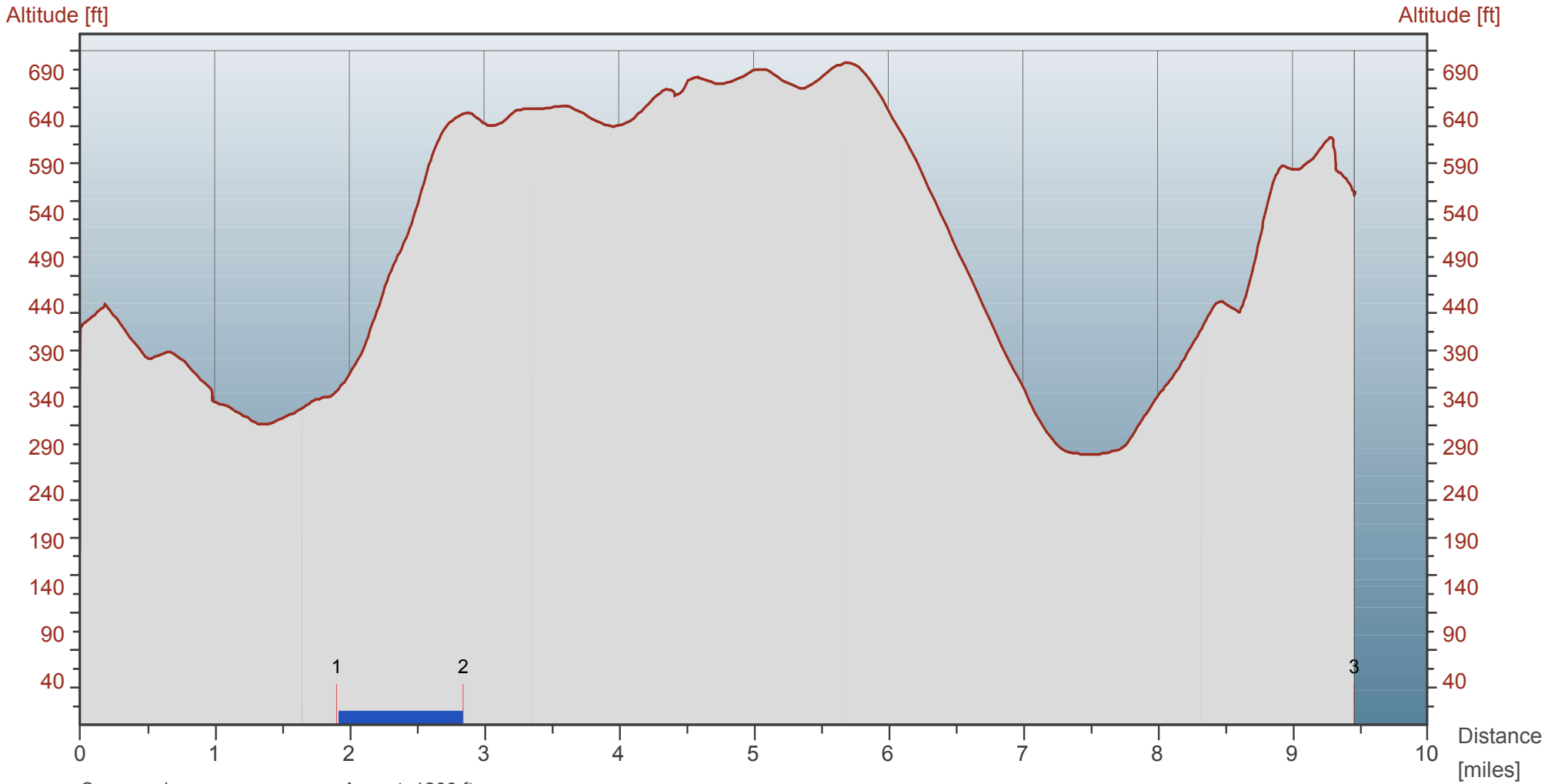


Curve



Cursor values:  
 Time: 0:41:35  
 Calorie rate: 0 kcal/60min  
 Distance: 9.5 miles  
 Altitude: 559 ft

Ascent: 1200 ft  
 Descent: 610 ft

Person	George Vargas	Date	4/26/2006	Heart rate	—	Limits 1	80 - 160
Exercise	4/26/2006 10:29 AM	Time	10:29:29 AM	Speed	— 12.1 / 19.0	Limits 2	80 - 160
Sport	Cycling	Duration	0:42:21.9			Limits 3	80 - 160
Team	Team Polar	Distance	0.9 miles				
Note	La Jolla Shores 4:37 PR			Ascent	295 (6.0%)		
				Selection	0:09:10 - 0:13:45 (0:04:35.0)		