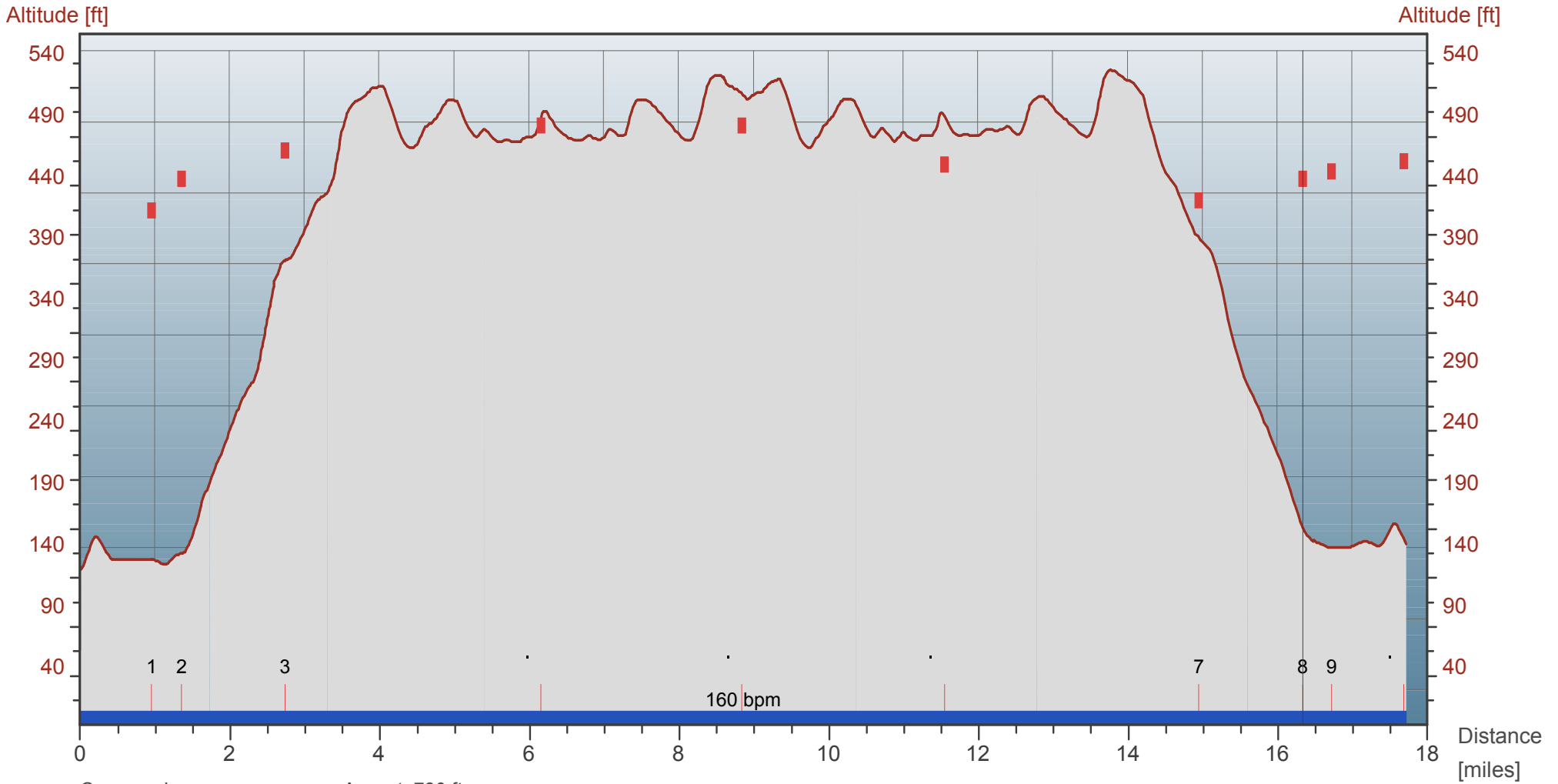


Curve



Cursor values:  
 Time: 0:58:15  
 Ascent: 780 ft  
 Descent: 730 ft  
 Calorie rate: 778 kcal/60min  
 Distance: 16.3 miles  
 Altitude: 151 ft

Person	George Vargas	Date	6/10/2006	Heart rate	— 160 / 175	Limits 1	80 - 160
Exercise	6/10/2006 9:13 AM	Time	9:13:28 AM	Speed	— 17.3 / 32.7	Limits 2	80 - 160
Sport	Cycling	Duration	1:02:45.7			Limits 3	80 - 160
Team	Team Polar	Distance	17.7 miles				
Note	SDIT Course			Ascent	800		
				Selection	0:00:00 - 1:02:45 (1:02:45.0)		