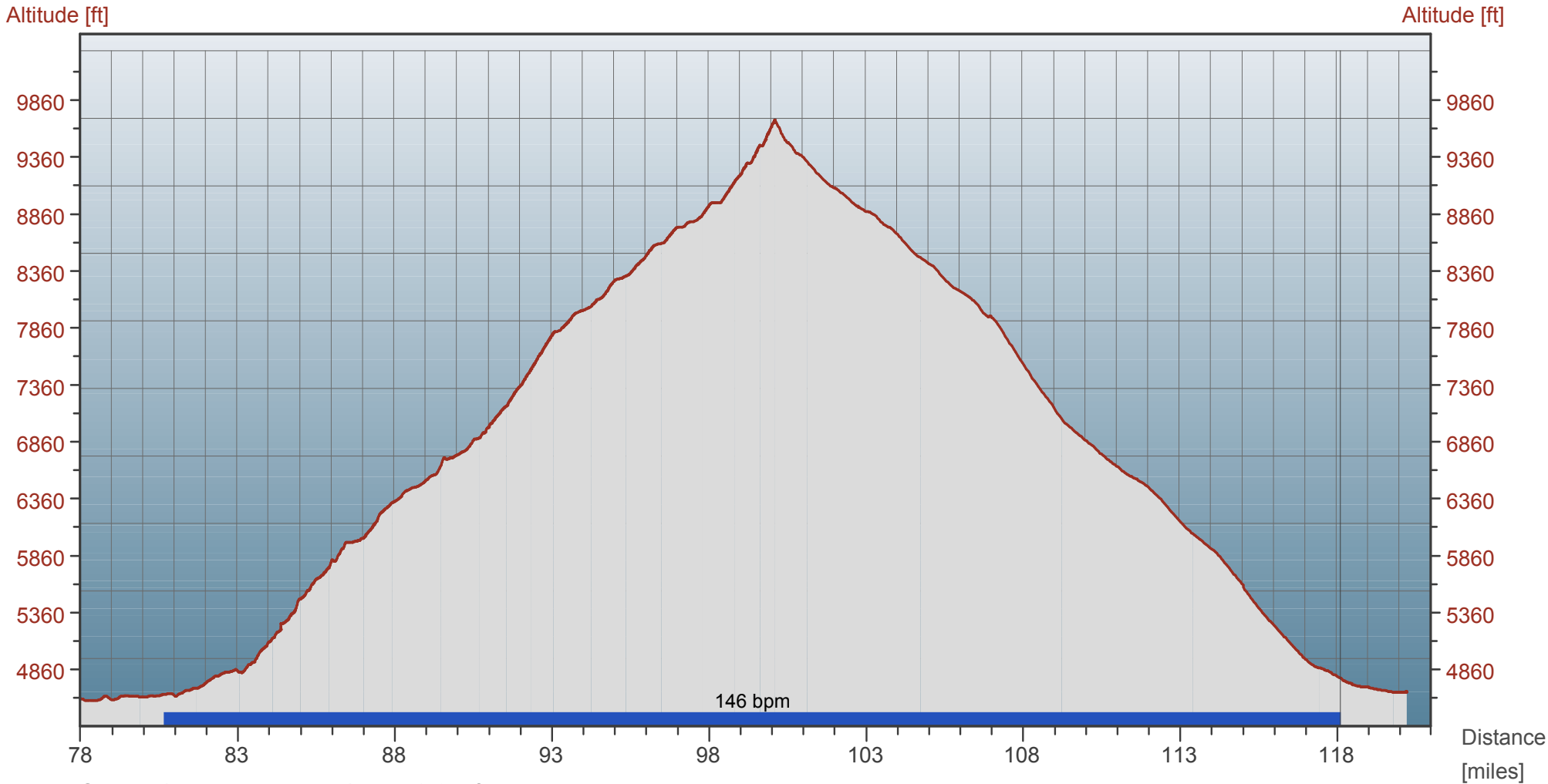


Curve



Cursor values:
 Time: 9:45:15
 Calorie rate: 515 kcal/60min
 Distance: 118.0 miles
 Altitude: 4784 ft

Ascent: 14975 ft
 Descent: 14530 ft

146 bpm

Person	George Vargas	Date	9/23/2006	Heart rate	146 / 169	Limits 1	80 - 160
Exercise	9/23/2006 7:44 AM	Time	7:44:18 AM	Speed	12.2 / 48.3	Limits 2	80 - 160
Sport	Cycling	Duration	9:55:28.2				
Team	Team Polar	Distance	37.5 miles				
Note	Pine Creek			Ascent	5205 (0.1%)		
				Selection	6:16:15 - 9:45:15 (3:29:00.0)		