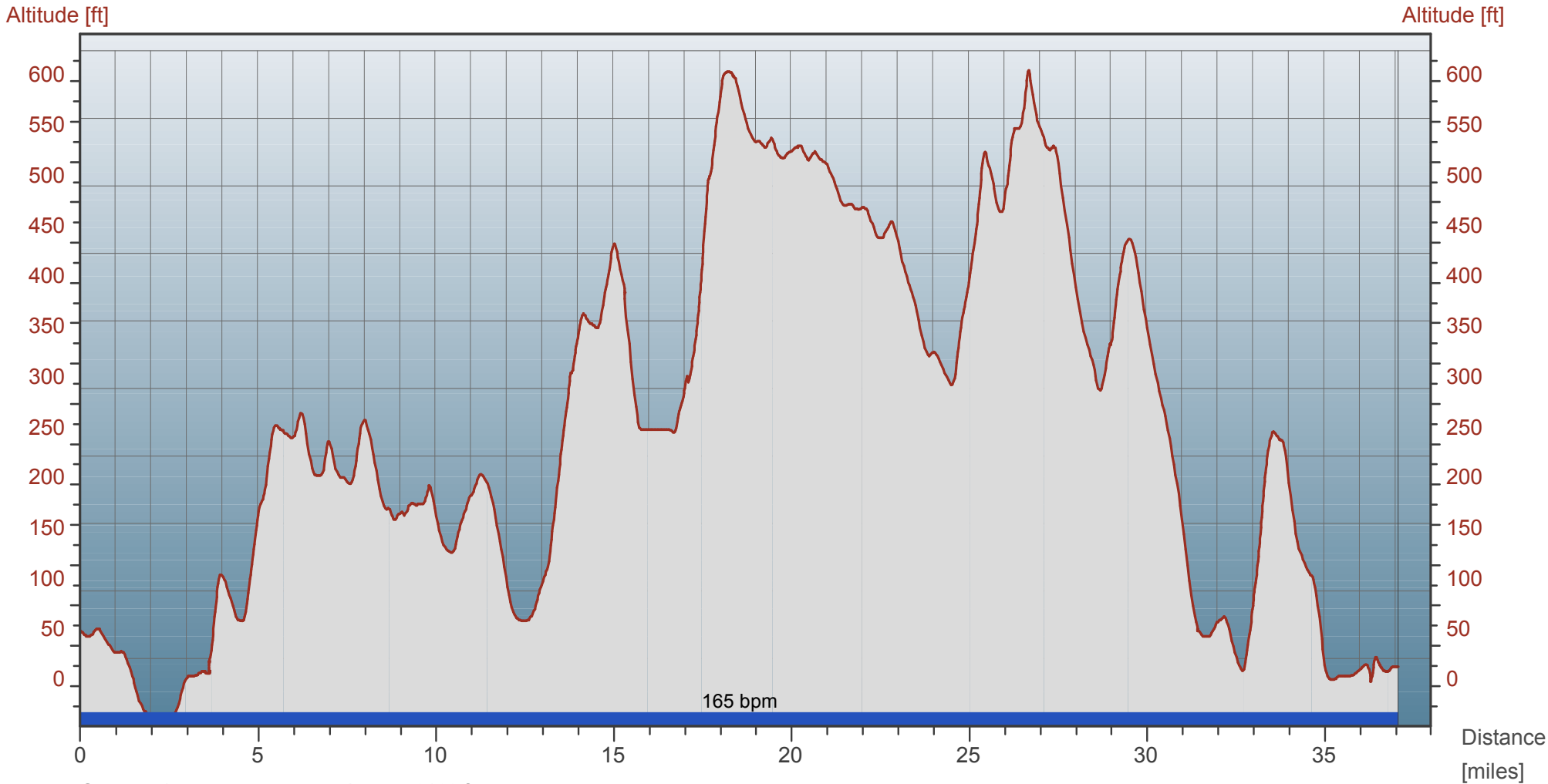


Curve



Cursor values:
 Time: 2:10:40
 Calorie rate: 552 kcal/60min
 Distance: 37.1 miles
 Altitude: 10 ft

Ascent: 2160 ft
 Descent: 2200 ft

Person	George Vargas	Date	8/15/2006	Heart rate	165 / 193	Limits 1	80 - 160
Exercise	8/15/2006 7:05 AM	Time	7:05:19 AM	Speed	18.3 / 39.3	Limits 2	80 - 160
Sport	Cycling	Duration	2:10:40.8			Limits 3	80 - 160
Team		Distance	37.1 miles				
Note	Swami's loop in reverse			Ascent	2201		
				Selection	0:00:00 - 2:10:40 (2:10:40.0)		