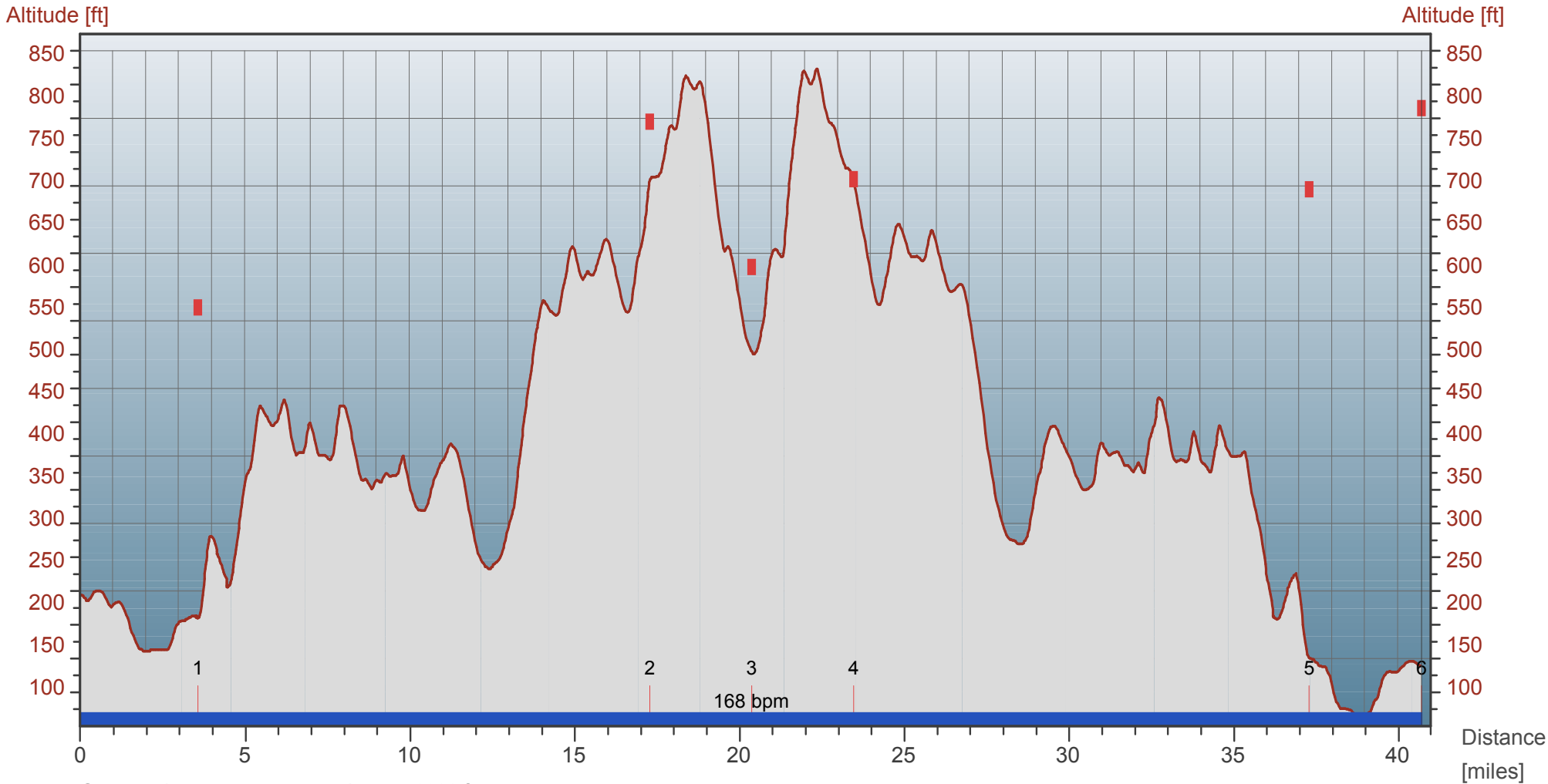


Curve



Cursor values:  
 Time: 2:09:50  
 Ascent: 2330 ft  
 Descent: 2405 ft  
 Calorie rate: 1010 kcal/60min  
 Distance: 40.7 miles  
 Altitude: 121 ft

Person	George Vargas	Date	6/27/2006	Heart rate	168 / 189	Limits 1	80 - 160
Exercise	6/27/2006 7:02 AM	Time	7:02:27 AM	Speed	19.1 / 47.2	Limits 2	80 - 160
Sport	Cycling	Duration	2:09:50.1			Limits 3	80 - 160
Team	Team Polar	Distance	40.7 miles				
Note	Todd Del Dios Via Rancho			Ascent	2359		
				Selection	0:00:00 - 2:09:50 (2:09:50.0)		